

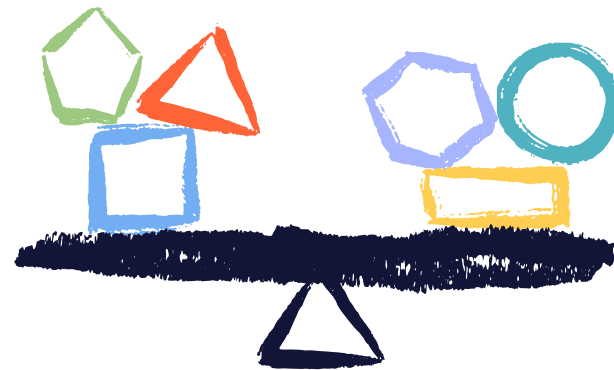


Inkpots Mentoring Programme Stages



1

Feeling **SAFE**. It's important right from the very start that a young person feels safe and secure emotionally and physically.



3

Together, we'll work towards having a **BALANCED** approach to any issues and problems.



4

This stage involves developing a toolkit of **RESOURCES** which a young person can use in different situations.

2

We can then start to build **TRUST** and develop an understanding and an agreement about our sessions.

5



Finally, we'll celebrate that the young person is developing **RESILIENCE** and **CONFIDENCE** in their own skills and abilities.