

Inkpots Mentoring Programme Stages

Feeling **SAFE**. It's important right from the very start that a student feels safe and secure emotionally and physically.

1

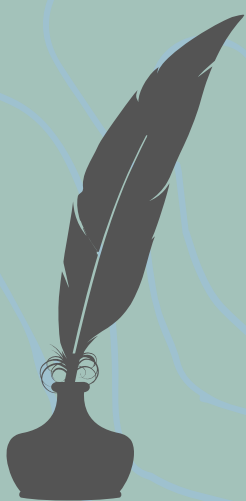


2

We can then start to build **TRUST** and develop an understanding and an agreement about our sessions.

Together, we'll work towards having a **BALANCED** approach to any issues and problems.

3



4

This stage involves developing a toolkit of **RESOURCES** which the student can use in different situations

Finally, we'll celebrate that the student is developing **RESILIENCE** and **CONFIDENCE** in their own skills and abilities.

5

